

SEA CLIFF BAGEL CAFE



BAGELS (Baked Fresh Daily, The Old Fashioned Way) \$1.10 Each. Buy 12 / Get 3 Free. Monday To Friday
Bagel Plain, Everything - Whole Wheat - Whole Wheat Everything Egg - Onion - Egg Everything - Multi-grain- Garlic -Poppy - Salt - Sesame - Rye - Cinnamon Raisin - Pumpernickel - Diet - Low Carb - Jalapeno - Honey Whole Wheat Granola - Mini's

FLAT BAGELS & BIALYS

Flats \$1.40 Each. Buy 3 / Get 1 Free. Mon To Thurs.
Twists \$1.25; Bialys \$1.10 Each; Minis \$.70
Plain - Everything - Onion - Low Carb - Whole Wheat - Bialy

ASSORTED HOMEMADE CREAM CHEESE

Plain - Vegetable - Scallion - Lox - Scallion & Lox - Olive & Pimento - Raisin & Walnut - Sun Dried Tomato & Dill - Plain Tofu - Plain Lite - Veggie Lite - Apple Raisin Lite - Strawberry

Bagel with Butter \$1.98
Bagel with Cream Cheese \$2.30
Bagel with Specialty Cream Cheese 2.99
Bagel with Butter & Jelly \$2.49
Bagel with Cream Cheese & Jelly \$2.99
Bagel with Lox Spread \$3.99
Bagel with Cheese \$3.50
Bagel with Bacon / Lettuce / Tomato \$5.99

MUFFINS (Assorted Yogurt Muffins) \$2.50 Each

COFFEE, ESPRESSO & CAPPUCCINO

ALL DAY - EVERYDAY

One Egg on a Bagel \$2.25
Two Egg on a Bagel \$3.00
Add Bacon, Ham Or Sausage - \$1.50; Cheese - \$1
Bagel, Egg & Cheese With Small Coffee \$4.49
Bagel, Bacon, Egg & Cheese w/ Small Coffee \$4.99
Hungry Man: Bagel Twist w/ 3 Eggs, Double Bacon, Double Cheese, Home Fries, Large Coffee \$7.99
Veggie Omelet with Home Fries: 3 Veggies, 1 Cheese, 1 Meat \$7.99
Hot Oatmeal With Apple Small \$3.49 Large \$3.99

HEALTHY CHOICE SPECIALS \$7.49

Whole wheat pancakes - w./ turkey & bacon
Egg white omelette - alpine Swiss, turkey bacon,
Healthy Man - 3 egg wts, 2 tky bacon/alpine swiss
Healthy Woman - 3 egg wts, spinach, turkey & alpine Swiss on a whole wheat wrap

TRADITIONAL PANCAKES & BELGIUM WAFFLES \$6.99

Whole Wheat, choc-chips, Blueberries, Strawberries, Banana, Bacon - add \$1

CREPES \$6.99

Gelato - crushed almonds & chocolate sauce
Strawberry & Vanilla - strawberries, vanilla gelato, chocolate sauce
Classic - coated with butter & sugar
Banana & Nutella - sliced banana with Nutella
Gebhard's Apple Crumb - Gebhard's cake crumbs w/ sautéed apples
Peanut Butter & Jelly - with powdered sugar

SMOKED FISH SANDWICHES

All sandwiches come with lettuce, tomato, onion on a bagel with a pickle and side salad \$9.49

CHOPPED SALAD BAR Small \$5.99 Large \$7.99
Select your toppings. Add meat or fish +\$2.00

BAGELINI'S & PANINI'S \$7.99

Hot pressed on a flat bagel or pita bread with a side salad & pickle

GRILLED CHICKEN: roasted red peppers avocado and citrus aioli

SLICED TURKEY: Anjou pear, brie, balsamic reduction, raspberry sauce

GRILLED VEGGIE: roasted zucchini & squash red onions, tomato with hummus

FRESH MOZZARELLA: with tomato, fresh basil pesto & balsamic reduction

THE CUBAN: sliced pork, smoked ham, garlic peppers, pickles and Swiss

PHILLY ROAST BEEF: with sautéed onions, tomato and melted cheese

BBQ PULLED PORK: with bacon, cheddar cheese, sautéed onions and cole slaw

STEAK SANDWICH: with melted mozzarella, sautéed peppers & onions

BURGERS & FRIES

\$7.49 w/ regular fries • \$7.99 w/ sweet potato fries
BLT CHEZ BURGER: extra bacon, lett, tom & cheese
BUFFALO BLUE BURGER: caramelized mushrooms & onions

THE TEX MEX: jalapenos, chili, salsa, jack cheese, sour cream

BBQ BURGER: grilled peppers & onions, mozzarella & BBQ sauce

TURKEY BURGER: baby Swiss, fresh herbs, lettuce & tomato on a whole wheat roll

VEGGIE BURGER: baby Swiss, fresh herbs, lettuce & tomato on a whole wheat roll

BONUS BURGER: beef patty with pulled pork, chicken fingers, mozzarella, pesto & BBQ sauce

HEALTHY LETTUCE WRAPS w/ side salad \$8.99

Chicken salad & tomato
Turkey breast, bacon, Swiss & tomato
Tuna salad & tomato
Egg salad & bacon

HOMEMADE SALADS

Tuna - Vegetable Tuna - Chicken - Low Fat Chicken - Egg - Egg White - Red Bliss Potato - Cole Slaw - Pasta - Whitefish - Baked Salmon - Tomato & Cucumber - Citrus Grilled Chicken with Spinach

HOMEMADE SOUPS

Made Fresh Daily & served with bagel chips
Italian chicken soup - Soup of the day
Small 12oz \$3.49 Large 16oz \$3.99

SMOOTHIES MILK SHAKES sm \$4.99 • md \$5.99 • lg \$6.99

Strawberry Banana - Mango Green Tea - Cappuccino - Frozen Hot Chocolate

Let Us Fill Your Catering Needs - Beautifully Created Specialty Platters

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